New Paediatric Allergy Clinic

A new paediatric allergic disease clinic is run by Dr Heath, Consultant Paediatrician with a special interest in allergy (together with a nurse and paediatric dietician) for children up to 16 years old (or 16-18 if in full time education).

Clinics are held in the Children’s Outpatient Department, Bernard Mead Wing at Kingston Hospital.

### Conditions / Patients we treat:

- Food Allergies (and associated comorbidities)
  - Atopic eczema
  - Asthma
  - Rhinitis
- Consideration of immunotherapy (appropriate candidates will be referred on to tertiary services)

### Exclusions:

- Drug or venom allergies (please refer directly to tertiary paediatric allergy services)

### Other information:

- Patients to be referred by GP
- “One stop shop” clinic with skin prick and specific IgE testing performed in clinic with management plans and adrenaline auto-injector training given as appropriate
- Food challenges available as day cases
- Patients thought to require a specialist dermatology opinion (e.g. severe eczema) will be onwardly referred to a consultant dermatologist with an interest in paediatrics at Kingston Hospital.

<table>
<thead>
<tr>
<th>CLINIC SCHEDULE</th>
<th>DAY</th>
<th>FREQUENCY</th>
<th>SUB SPECIALTY</th>
<th>CONSULTANT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kingston Hospital</td>
<td>Monday AM</td>
<td>Fortnightly</td>
<td>Paediatrics</td>
<td>Dr Heath</td>
</tr>
</tbody>
</table>

**Contact Details:**

- **Appointment Line:**
  020 8943 6403 (between 9:30am and 5pm Monday-Friday)
- **Fax:** 020 8934 3249
- **Other enquiries (Children’s outpatients):**
  020 8934 2485 (appointments not made on this line)