



KINGSTON HOSPITAL NHS TRUST

DAY SURGERY UNIT

CARDIOVERSION - Information Note for Patients

Please read and comply with the following instructions, which are designed for your safety. If you fail to comply with these instructions your procedure will be cancelled.

- On receipt of this letter please contact the Anti-Coagulant Clinic, or GP, to inform them of the date of your cardioversion. This will help them to adjust your medication to ensure that the INR and Potassium results will be within acceptable levels for the procedure, and prevent any possible delays. The levels are :

INR between 2 and 3.5

Potassium between 4 and 5.2

- You are required to attend the **OUTPATIENTS DEPARTMENT** for an extra blood test **TWO** days before your admission date, this will be discussed in more detail at your pre-assessment appointment (**see enclosed appointment card**). We will read this the next day, and if the results are favourable your procedure will go ahead as planned. If the results are NOT favourable we will contact you to arrange another date. PLEASE BRING YOUR ANTI-COAGULANT RECORD BOOK WITH YOU ON THE DAY OF ADMISSION.
- If you have been prescribed Digoxin **stop** taking it 24hours **before** your admission date.

ON THE DAY OF ADMISSION

- Please ensure that you have a responsible adult with you for 24 hours after the procedure.
- If you have any additional access needs, please contact me and I will be pleased to discuss your requirements so that you do not experience any difficulty attending your appointment'
- You must arrange for transport to collect you from the **DAY SURGERY UNIT** after the procedure. Public Transport is **NOT** suitable for your homeward journey. If you use a Taxi you **MUST** provide your own escort.
- Following the procedure, you **MUST NOT DRIVE** or operate machinery for 24 **hours** afterwards
- You may have a light breakfast **before** 7:00 am.
- **Do NOT eat or drink after 7:00 am. (THIS INCLUDES CHEWING GUM AND SWEETS.)**
- Take any prescribed medication with a sip of water.
- Please have a shower or bath before coming to Hospital.
- Wear loose fitting clothes and flat comfortable shoes.
- Do not wear make up and jewellery.
- Do not bring valuables with you, as secure storage facilities in the Unit are limited..

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